



## Questionnaire for Primary Caregivers

Date: \_\_\_\_\_ Person Completing Form: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_  
 Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
 Mother's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Mother's Occupation and Work Hours: \_\_\_\_\_  
 Father's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Father's Occupation and Work Hours: \_\_\_\_\_  
 Email Addresses for Parents: \_\_\_\_\_  
 Child's School: \_\_\_\_\_ Teacher: \_\_\_\_\_ Grade: \_\_\_\_\_ Phone # \_\_\_\_\_  
 Who has Custody of the child? \_\_\_\_\_ (please provide copy of custody order for the file)

List all those living in the child's home:

Name	Relationship	Age/School/ Occupation

List other persons closely involved with the child but not living in the home. \_\_\_\_\_

What are your concerns about your child that made you bring him/her to counseling? \_\_\_\_\_

### DEVELOPMENTAL HISTORY

Describe any difficulties mother experienced during pregnancy: (emotional status during pregnancy, excessive nausea, serious illness, drug or alcohol use): \_\_\_\_\_

Describe any major difficulties during labor or delivery: (Mother's health at time of delivery or prenatal complications type of delivery) \_\_\_\_\_

Were child's developmental milestones met on time (Walking, talking, toilet training, etc.)? \_\_\_\_\_

Describe the first year of life (early feeding and attachment behavior, how easy was it to calm or soothe the baby?) \_\_\_\_\_

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Any medical history: (Hospitalizations, medications, other evaluations, hearing, vision status, injuries)

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**CHILD AND FAMILY INFORMATION**

Please describe and stressful or traumatic events your child has experienced: \_\_\_\_\_

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Please describe how your child is functioning at school (academically, socially, and behaviorally):

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Please list any on-going medications your child has or is taking and describe for what purpose:

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Has your child been seen for assessment or counseling? (If yes, indicate name of professional, date/place of services, for what purpose and any diagnosis provided)

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Please describe your relationship with your child:

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Please describe how your child gets along with other family members:

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How is your child disciplined and by whom?

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Please describe any concerns about your family listed below:

Health concerns: \_\_\_\_\_

Mental Illness: \_\_\_\_\_

Alcoholism/drug addiction: \_\_\_\_\_

Death in family: \_\_\_\_\_

Job loss: \_\_\_\_\_

Marital Difficulties: \_\_\_\_\_

Physical/sexual/emotional abuse: \_\_\_\_\_

Other: \_\_\_\_\_

Were there any major disruptions in your child's life? (deaths/ losses-people or pets, absences, etc., problems in separation with caretakers, day care, preschool, school experiences, homelessness, disasters/catastrophic events):

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Describe your child's personality: \_\_\_\_\_

Describe your child's favorite activities: \_\_\_\_\_

What do you like best about your child? \_\_\_\_\_

How you spend time with your child (activities or things you do together)?

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## Abundant Living Psychological and Coaching Services for Children and Adolescents, PLLC

### Symptom/Problem Checklist (Adapted from the Achenbach Child Behavior Checklist)

Please check if your child is experiencing any of the following:

SYMPTOM	FREQUENTLY	SOMETIMES	PLEASE DESCRIBE
Difficulty sleeping			
Nightmares			
Startles easily, very jumpy			
Shows little or no emotion			
Unusually clingy			
Afraid to be alone			
Avoids certain people, things, place			
Difficulty concentrating or focusing			
Stomachaches, headaches			
Little sense of joy or happiness			
Cries a lot			
Talks about or has attempted suicide			
Hurts self on purpose			
Change in eating habits			
Frequent tantrums or irritability			
Increased aggression			
Hurts animals on purpose			
Fascinated with fires or sets fires			
Hides food			
Wets bed or soils self			
Refuses to go to the bathroom			
Urinate in place other than bathroom			
Washes self excessively			
Masturbates excessively			
Touches other inappropriately			
Engages in risky behaviors			
Abuses alcohol/drugs			
Lies/steals			
Has unusual tics or mannerisms			
Doesn't trust others			
Poor peer relationships			
Says does not self/ body			

Are there any other symptoms or behaviors you are concerned about:

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# Abundant Living Psychological and Coaching Services for Children and Adolescents, PLLC

## Mother's Background:

Where were you raised and by whom? Describe past/current relationship with your parents:

List brothers and sisters, their ages, whereabouts, current relationship you have:

Describe any of the following you/your family experience during childhood and how it affected you (physical/sexual abuse, neglect abandonment, spousal abuse divorce, other trauma)

Who were you closest to when you were a child? Describe the relationship with that person:

How were you disciplined and by whom?

Describe the happiest time/experience you recall from your childhood:

Describe the saddest time/experience you recall from your childhood:

Describe if you or any relatives have ever had any of the following:

Serious illness	Depression/ Bipolar Disorder	Anxiety Disorder	Obsessive –Compulsive Disorder
Eating Disorder	Alcoholism /Drug Abuse	Learning Disability/ ADHD	Criminal Conviction

Please add any other information about your background that you feel is important:

## Father's Background:

Where were you raised and by whom? Describe past/current relationship with your parents:

List brothers and sisters, their ages, whereabouts, current relationship you have:

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Please Check box as needed.

**Background of Other Primary Caregivers (Step-parents, foster-parent, Common-Law Partner)**

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